

MESSAGE OUTLINE

Sunday, April 21, 2024



10:30am Sunday 13095 Publishers Drive, Fishers

Today's Message: **THE FRUIT OF THE SPIRIT**
Galatians 5:16-26
Pastor Gary L. Stump

Don't we all wish we would get ourselves under control quicker? Don't we get tired of failing? How do we learn to get ourselves under God's control so we can experience victory?

Paul gives us perfect instructions for experiencing victory

Galatians 5:16–26 (ESV) But I say, walk by the Spirit, and you will not gratify the desires of the flesh. ¹⁷ For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do. ¹⁸ But if you are led by the Spirit, you are not under the law. ¹⁹ Now the works of the flesh are evident: sexual immorality, impurity, sensuality, ²⁰ idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, ²¹ envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. ²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, self-control; against such things there is no law. ²⁴ And those who belong to Christ Jesus have crucified the flesh with its passions and desires. ²⁵ If we live by the Spirit, let us also keep in step with the Spirit. ²⁶ Let us not become conceited, provoking one another, envying one another.

Flesh = will, emotion, mind all subject to (susceptible to) sin. Paul uses this term 90 times.

"Flesh is any human action or achievement without dependence upon the Holy Spirit and without glorying, exalting in, trusting, treasuring, and valuing Jesus Christ." –John Piper

Love = love unmerited, selfless, and constantly seeking the benefit of the one loved; love without condition; love flowing from one's character

Romans 5:5b (ESV) God's love has been poured into our hearts through the Holy Spirit who has been given to us.

Joy = delight; an inner sense of contentment and satisfaction

Nehemiah 8:10b (NLT) Don't be dejected and sad, for the joy of the LORD is your strength!"

Peace = harmony, tranquility, complete absence of anxiety; calm assurance; wholeness

Philippians 4:7 (GNB) And God's peace, which is far beyond human understanding, will keep your hearts and minds safe in union with Christ Jesus.

Patience = endurance, emotional calm in the face of provocation or misfortune without complaint or irritation

Colossians 1:11a (NLT) We also pray that you will be strengthened with all his glorious power so you will have all the endurance and patience you need.

Kindness = an act of benevolence; friendly; considerate

Romans 2:4 (NASB95) Or do you think lightly of the riches of His kindness and tolerance and patience, not knowing that the kindness of God leads you to repentance?

Goodness = generosity; uprightness; morally good, virtuous

Ephesians 5:9 (NLT) For this light within you produces only what is good and right and true.

Faithfulness = that which is completely reliable; fidelity; steadfast in affection or allegiance; loyal

Psalms 37:3 (NKJV) Trust in the Lord, and do good; Dwell in the land, and feed on His faithfulness.

Note: *Romans 1:17b (ESV) "The righteous shall live by [faithfulness]."*

Gentleness = sensitivity of disposition and kindness of behavior, founded on strength and prompted by love

Ephesians 4:1–2 (ESV) I therefore, a prisoner for the Lord, urge you to walk in a manner worthy of the calling to which you have been called, ² with all humility and gentleness, with patience, bearing with one another in love,

Self-control = self-discipline; to exercise complete control over one's desires and actions; temperance; in possession of power over; mastery

Proverbs 29:18 (NLT) When people do not accept divine guidance, they run wild.

IMPORTANT NOTE:

- I do not define the fruit of the Spirit so that you so that you can do it.
- I define the aspects of the fruit of the Spirit so you can recognize it.
- The Fruit of the Spirit is an "it." You are either experiencing it or not.

SO WHAT? How to experience the fruit of the Spirit in your life:

Step 1: Hide God's Word in Your Heart.

Psalm 119:11 (NLT) I have hidden your word in my heart, that I might not sin against you.

Hebrews 4:12 (NLT) For the word of God is alive and powerful...It exposes our innermost thoughts and desires.

Step 2: Make a Covenant with God to Change.

Job 31:1 (NLT) I made a covenant with my eyes not to look with lust at a young woman.

Psalm 76:11 (NLT) Make vows to the LORD your God, and keep them. Let everyone bring tribute to the Awesome One.

To make this commitment...

- (a) What does victory look like? Specifically define what you desire.
- (b) What usually happens when you are being tempted? What are you feeling, and thinking in that situation? When are you most likely to fail? What is going on in your heart immediately before you fail?
- (c) How will you create a boundary of protection around you?

Step 3: Learn what it feels like to yield to the Holy Spirit.

Ephesians 5:18a (NLT) ...let the Holy Spirit fill and control you.

Galatians 5:22–23a (ESV) But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness,²³ gentleness, self-control.

How will you know you have been successful? Describe what you will "feel" when you are under the control of the Holy Spirit?

MAJOR BARRIERS

1) Scriptures for Anger / Rage / Frustration / Irritability

Proverbs 30:33 (NLT) As the beating of cream yields butter and striking the nose causes bleeding, so stirring up anger causes quarrels.

Proverbs 25:28 (NLT) A person without self-control is like a city with broken-down walls.

Ephesians 4:26–27 (NLT) And "don't sin by letting anger control you." Don't let the sun go down while you are still angry,²⁷ for anger gives a foothold to the devil.

Colossians 3:8 (NLT) But now is the time to get rid of anger, rage, malicious behavior, slander, and dirty language.

James 1:19–20 (NLT) *Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry.²⁰ Human anger does not produce the righteousness God desires.*

2) Scriptures for Fear / Anxiety / Worry / Stress

Isaiah 26:3 (NLT) *You will keep in perfect peace all who trust in you, all whose thoughts are fixed on you!*

1 Peter 5:7 (NLT) *Give all your worries and cares to God, for he cares about you.*

2 Timothy 1:7 (NCV) *God did not give us a spirit that makes us afraid but a spirit of power and love and self-control.*

Psalms 56:3 (NLT) *But when I am afraid, I will put my trust in you.*

Philippians 4:6 (NLT) *Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done.*

3) Scriptures for Unforgiveness / Bitterness

Matthew 6:14–15 (NLT) *"If you forgive those who sin against you, your heavenly Father will forgive you.¹⁵ But if you refuse to forgive others, your Father will not forgive your sins."*

Mark 11:25 (NLT) *"But when you are praying, first forgive anyone you are holding a grudge against, so that your Father in heaven will forgive your sins, too."*

Colossians 3:13 (NLT) *Make allowance for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others.*

Matthew 18:21–22 (NLT) *Then Peter came to him and asked, "Lord, how often should I forgive someone who sins against me? Seven times?"²² "No, not seven times," Jesus replied, "but seventy times seven!"*

Hebrews 12:15b (NLT) *Watch out that no poisonous root of bitterness grows up to trouble you, corrupting many.*

4) Scriptures for Envy / Jealousy / Covetousness / Lust / Greed

James 4:1–4 (NLT) *What is causing the quarrels and fights among you? Don't they come from the evil desires at war within you?² You want what you don't have, so you scheme and kill to get it. You are jealous of what others have, but you can't get it, so you fight and wage war to take it away from them. Yet you don't have what you want because you don't ask God for it.³ And even when you ask, you don't get it because your motives are all wrong—you want only what will give you pleasure.⁴ You adulterers! Don't you realize that friendship with the world makes you an enemy of God? I say it again: If you want to be a friend of the world, you make yourself an enemy of God.*

1 Timothy 6:9–10 (NLT) *But people who long to be rich fall into temptation and are trapped by many foolish and harmful desires that plunge them into ruin and destruction.¹⁰ For the love of money is the root of all kinds of evil. And some people, craving money, have wandered from the true faith and pierced themselves with many sorrows.*

James 3:14–16 (NLT) *But if you are bitterly jealous and there is selfish ambition in your heart, don't cover up the truth with boasting and lying.¹⁵ For jealousy and selfishness are not God's kind of wisdom. Such things are earthly, unspiritual, and demonic.¹⁶ For wherever there is jealousy and selfish ambition, there you will find disorder and evil of every kind.*

Hebrews 13:5 (NLT) *Don't love money; be satisfied with what you have. For God has said, "I will never fail you. I will never abandon you."*



ONWARD CHURCH ANNOUNCEMENTS FOR SUNDAY, APRIL 21, 2024

1. YOUTH CAMP JUNE 19-22 @ CAMP INDICOSO, SPRINGVILLE, IN. Camp Indicoso, 1558 Sieboldt Quarry Road, Springville, Indiana. Arrival: 11am on Wednesday, June 19. Return: Pick up on Saturday, June 22 at 4pm. Cost: \$350/pp, (\$300/pp for multiple siblings, same family). Can pay cash or check payable to "Mission Christian Academy." You can give the money to Jerry Ackerman.

NOTE: There are students who would like to go to Youth Camp who need a scholarship to afford to go. If you would like to sponsor a student (\$350 / student), please note "Youth Camp" on your gift.

2. PASSOVER SEDER—THIS FRIDAY, APRIL 26TH @ 6:30PM AT HARMONY BAPTIST CHURCH, AVON—Pastor Gary is leading a Passover Seder at Harmony Baptist Church (5693 Broyles Road Founders Chapel Avon, IN 46123). Dinner is free, but you must register at: <https://harmonyofavon.churchcenter.com/registrations/events/2241216>

3. MEN'S BIBLE STUDY CONTINUES EACH FRIDAY AT 7AM

4. PAL ("PARENTS OF ADDICTED LOVED ONES") MEETING—This is for families of adult children dealing with substance addiction. Every Tuesday night, 6:30 - 8:00 p.m. Free weekly meetings. Dr. Nancy Smith, facilitator. For more information, contact nancy1108smith@gmail.com or 317-508-8149.

5. GIVE BIBLES IN HONOR OF OR IN MEMORY OF A LOVED ONE—The Gideons have provided a display on the counter in the foyer for you to give God's word in honor or in memory of a loved one.

ONWARD CHURCH GIVING



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